



How to Help Discouraged Workers

God let Elijah rest.

God fed Elijah food.

God gave Elijah time.

God let Elijah speak.

God was gentle with Elijah.

God gave Elijah a reason to "go."

God gave Elijah a helper.

God reminded Elijah of reality.

How to Help Discouraged Workers

1 Kings 19:1–18

Let them rest.
Feed them food.
Give them time.
Let them speak.

Be gentle with them.
Give them a reason to “go.”
Give them a helper.
Remind them of reality.

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